

Nurture Nannies

Kia Ora

Welcome to Term 4's Newsletter

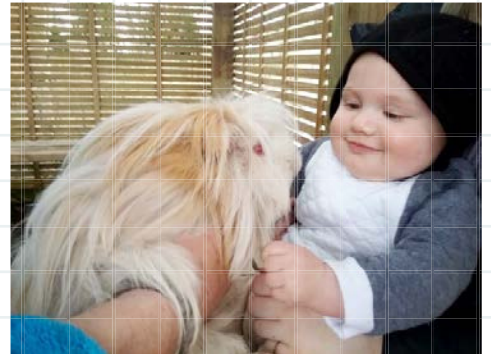
We have had an eventful Winter with a great deal of rain.... So we're guessing that all those rainy day activities will have been put to good use! The past few weeks we have had some well-deserved sunshine, which seems to make the children and adults feel more vibrant and happy as we head into Spring!

This is a great time to get out and explore the spring flowers- daffodils, freesias, and also some vegetables in the garden.

We enjoyed our Spring event – a trip to the Donkey Farm on the 16th September 2016. We are sure that all of you that managed to attend had as much fun as we did putting on this event for you.

It will also soon be time to arrange our Christmas Event. We will keep you updated about this nearer to the time.

Until then, enjoy the Spring weather and the activities that come with it.



Welcome to Our new families

Schwass

Wilcox

Gudgeon

Mathis

Aiyaz

Khan

Te Weehi



Congratulations and welcome to

Flynn and Molly Mathis. A brother and sister for Max and Xavier



Like us on Facebook



Nurture Nannies & Home Based Childcare

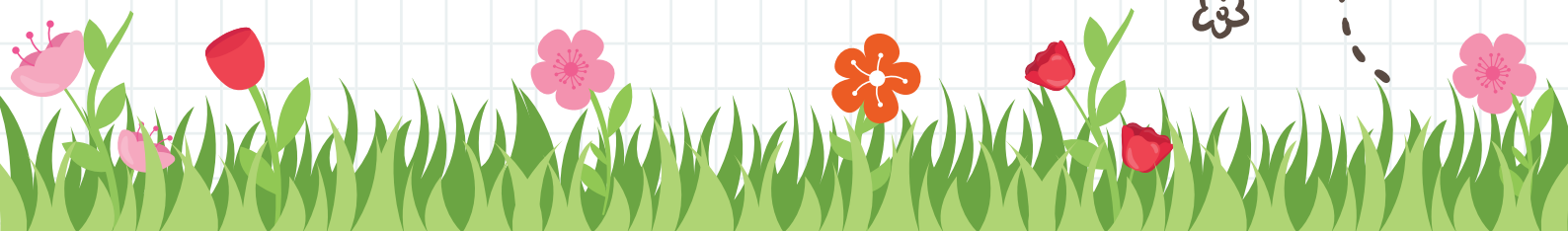
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Positive Guidance



Over the past few months, our Visiting Teachers have noticed that we have been giving out some advice and ideas for Positive Guidance for the children that the Nannies care for.

Another name for it is Behaviour Management or Discipline.

Discipline means: 'to teach the correct way of doing things'.

The Toddler age group is probably the most challenging time period for Positive Guidance, as Toddlers have just learnt that they are a person, that they can get a response or attention whether it is positive or negative. Most often they become very frustrated as their language hasn't quite developed according to their actions and independence that they want to have. Along with all of this is the fact that most of our Nannies and Parents have a few toddlers the same age, or have a toddler and baby twins or triplets.

So here we go! Here are some basic tips and strategies that I hope will help with your delightful Toddlers.

The best actions and words to use to enhance a Positive environment is to state what you want your Toddler/Child to do.

Say 'Stop' instead of No – it is direct, to the point and not a negative statement. It is also saying you mean business. The hand signal stop also works wonders. Sometimes you only need to put your hand up and they will stop what they are doing.



The word stop is essential to use in situations like when they are running away from you, or about to run onto the road. Toddlers from an early age need to listen to this word and respond to it for their own safety. In some instances I have used the actual Stop sign on places where Toddlers are not allowed to touch or go into. Like the Pantry or fridge. It was so encouraging to see how well it worked.



You will need to be direct and follow through with an action.

'Feet on the floor', instead of 'don't climb on the table'. Your Toddler/Child will only hear 'climb on the table'. By using the statement 'Feet on the floor' they hear the word feet.

Gentle hands, is another great statement. You will need to guide your toddler/child through this. Take their hand and get them to gently pick up the blocks, or gently touch their sister. Repeat this several times – 'gentle hands, gentle hands, gentle hands'.

It can take up to 20 times of repetition for a Toddler/Child to learn a new action or behaviour. So keep reinforcing it and repeating the sayings.

It is a bit like if they throw every toy they can possibly get their hands on. You can say 'gentle hands – balls are for throwing'. 'Be gentle with your toys'. 'The toys stay on the ground', and demonstrate it with an action. Get out a soft ball or a bean bag to throw.

It is human nature to focus on the negative rather than the positive. As many times as possible throughout the day focus on what the child is doing correctly – give positive reinforcement. 'Wow great sharing', you are great at sitting down to eat', 'you went to bed so well today – ka pai'. 'Emma is being gentle with the books', if one child is being gentle and the other child is being rough with the books. Praise the child that is doing well, and ignore the child that is not doing the correct thing, only intervene if it is getting worse or dangerous.

One great technique to try and change your own habits, is to put some small stones/pebbles in one pocket and every time you say something positive transfer the pebble to the other pocket. By doing this activity it makes you concentrate on the positive behaviour and makes you aware how often you focus on the negative behaviour. Count how many pebbles you have transferred at the end of the day. After doing this activity for a few days, it then changes your own negative ways and you have changed the way you talk to him/her to a positive way.

One great statement that I have found works wonders is:

When you.....then you..... Just remember it as When and then!

When you get your nappy changed then you can have the cars out of the cupboard.

When you finish that sandwich then you can have a biscuit.

When you put 2 toys away then we can go outside.

Try not to make it into a bribe, make it a statement and stick to it. So if they haven't finished the sandwich then no biscuit. There may be tantrums, screams etc., but ignore this and then go and set up the toys to redirect him/her.

Remember your Toddler/Child is a little person that is learning many different things about the world and social behaviour. We need to be role models for the children in our care.

So when it comes time to pack away the toys we need to be aware that we are not chucking the toys in the container, we are being gentle. You can even talk about it while you are packing up. Gently put the cars in the container, gently put the blocks in the blue box.

Tidy up time can become fun by making it a game; have a race to pick up 2 blue cars. It doesn't matter if they weren't the blue ones, it's the fact that it was done and that you are constantly feeding in language. Tidy up time is also a bit of a maths lesson. You are categorising the toys, cars in one container, blocks in another container, dolls in their prams. This also gives toddlers/children a sense of order.

Toddlers and Children don't like to play in a mess. Although they have created the mess, they will soon move away, even sometimes go to another room and create more mess! It is important to have an organised mess, so to speak. Once they have finished playing with the blocks and move away, then it is time pack that away. 'When the blocks are packed away then you can play with the tea set'. Once again it is about repetition and role modelling.

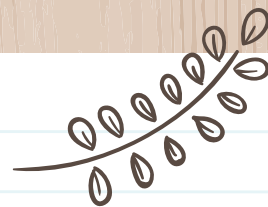
At times situations may arise where nothing seems to work and everyone ends up so frustrated. This is perfectly normal. If this situation occurs, remove yourself from the room for a few minutes to recollect your thoughts and calm down. This often helps the children settle down as they become focused on other things.

If you need any further ideas or strategies please don't hesitate to ask your Visiting Teacher.



Nanny of the Month

Jade



Here is a message from the family:

"Jade is nanny to Jack and Dante (4 year old twins). She is well regarded by the twins and their parents. Jade is reliable, dependable and professional in her approach. She has a warm, friendly, engaging and child-centred approach. The boys' emotional and physical well-being is at the forefront of her decision making. She is respectful and kind in her interactions with others. She is well deserving of a nanny voucher".

"Jade is wonderful to deal with, prompt with paperwork and has created a home learning environment where the boys have grown to be creative, expressive and confident, what a pleasure to be part of this process" - Nurture Nannies team

Nurture

Events



Nurture Nannies regularly organises events and playgroups to give the children the opportunity to socialise and have fun with other little ones from Nurture Nannies. To find out about upcoming playgroups and events call: **0800 936 878**

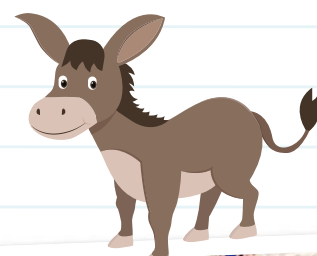
On the 16th September 2016 Nurture Nannies, children, nannies, parents, grandparents and visiting teachers went for a visit to the Donkey Farm.

Spring is now here and what a better way to enjoy the spring weather than with a trip to the Donkey Farm.

What a fun day out we all had. Look at us ride the Donkeys, pat the rabbits, feed the chickens and many more fun experiences.

Our Trip to

the Donkey farm



On Friday 16th September we went for a Trip to the Donkey Farm

We all had so much fun....
We had Donkey rides....
Fed the Lamb....
Patted the Guinea pigs....
Had a ride on the Tractor....
We also got to pat the Goats....
We had many experiences with all the different animals....

Curriculum

focus



Nurture Nannies is funded by the Ministry of Education. Therefore we are guided by the Early Childhood Regulations. As part of our ongoing reviews we are required to participate in a Self-Review process. At the moment our Self-Review is about Kaupapa Maori.

Within this Self-Review process we will be encouraging Nannies to use Te Whariki (NZ Early Childhood Curriculum) within their learning stories. We encourage you to research your local area and find out about the local Marae, Mountain - Maunga,

River - awa and write about it for the children's profile books.

We will be helping you by bringing out monthly Maori phrases and working to record children's pepeha or how they introduce themselves, what background they come from.

For example my name is: Ko Mary-Ann tāku ingoa.

Your involvement in this review will be very valued – thank you.



Playgroup

Photos

Science and Exploration Experiments.



We made Sushi today
It was so yummy.



Children and Fizzing treasures,
"the pirates visit playgroup"



Gordonton

Play Group

This playgroup is being offered at the Gordonton Play Group venue.

Please bring a drink and morning tea for your children. Tea/Coffee is provided for adults. A gold coin koha would be appreciated.

Venue:

1020 Gordonton Road, Gordonton
(behind the Gordonton Hall)

Time:

9.30am – 11.30am

Dates:

Every second Tuesday
(check Facebook for details!)

Facilitator:

Liz Hellyer 021 122 5507





First Aid Certificates MUST be renewed every two years. Please make sure that you book yourself into a course as soon as you are sent your reminder letter from the office. This is a Ministry of Education regulation, and we don't want to have to suspend care due to certificates not being renewed. Thank you for your assistance with this.

St Johns First Aid Certificate

This course is approved for Educators by the Ministry of Education
Child First Aid - 25459

Cost: \$69
Valid for: 2 years
Length: 4.5 hours
Venue: 65 Seddon Rd, Hamilton
Book online: www.stjohn.org.nz
Phone: 0800 347 782

Red Cross First Aid Certificate

This course is approved for Educators by the Ministry of Education
Child First Aid - 25459

Cost: \$65
Valid for: 2 years
Length: 4 hours
Venue: 422 Te Rapa Road, Hamilton
Book by phoning: 0800 733 276 or 849 0285

NOTE: You will need to pay for your first aid course. Once you have received your certificate, please present this and your receipt to the Nurture office and we will reimburse you \$40.00. For renewals you will need to undertake your course prior to its expiry date to be eligible for the reimbursement.

Contact Us

Phone: 0800 936 878
Fax: 07 929 4274
Email: admin@nurturenannies.co.nz
Address: P.O. Box 15-116
 Dinsdale Hamilton 3243

Timesheets Due Dates:

26.09.16 to 09.10.16	due 10.10.16
10.10.16 to 23.10.16	due 24.10.16
24.10.16 to 06.11.16	due 07.11.16
07.11.16 to 20.11.16	due 21.11.16
21.11.16 to 04.12.16	due 05.12.16
05.12.16 to 18.12.16	due 18.12.16
19.12.16 to 01.01.17	due 02.01.17

If your child is turning 3 please inform the office as we are able to access your ECE hours for you.

Policy Review

We have recently reviewed our Smoking, Alcohol and Substance abuse policy, to access funding in the home environment these are the conditions:

- Educators are to refrain from smoking at all times during enrolled childcare hours.
- No educator shall consume alcohol or illegal substances during the enrolled childcare hours or within the previous eight hours prior to providing care for children.
- Family/Whānau/ and visitors shall refrain from smoking anywhere on the childcare premises or grounds during the enrolled childcare hours.
- Any Family/whānau or visitors who choose to smoke during enrolled childcare hours must smoke off the childcare premises and grounds, and out of sight of the children.
- No alcohol or illegal substances are to be consumed by family/whānau or visitors on the childcare premises and grounds during enrolled childcare hours.